

TAKEAWAY MENU

the dour route

Tel: 01772 378998

Unit 4
West Strand
Strand Road
Preston PR1 8UY

 find us on facebook

the dour route

Tel: 01772 378998

 find us on facebook

Unit 4 West Strand Strand Road Preston PR1 8UY

CLASSIC DISHES

Korma (50p Supplement) <i>Mild spices with coconut cream cooked in milk and cream</i>	
Dansak <i>A sweet and sour preparation with lentil and pineapple, cooked in milk and cream</i>	
Bhuna <i>A fried preparation of tomato and ginger</i>	
Dupiaza <i>A dish prepared with two types of onions, pepper, cinnamon and cardamoms all fried together to give a spicy (but not hot) dish</i>	
Rogan Josh <i>A special characteristic dish cooked in spiced oil using fresh tomatoes, pimentos</i>	
Samber <i>Hot and spicy dish cooked in spices based with lentils and fresh lemon</i>	
Madras <i>Hot and spicy cooked in traditional spices with a thick sauce and tomato puree</i>	
	CHICKEN £5.95
	LAMB £6.95
	PRAWN £6.95
	KING PRAWN £10.50
	DUCK TIKKA £8.95
	VEGETABLE £5.75
	CHICKEN TIKKA £6.95
	LAMB TIKKA £7.95
	PANEER / VEGETABLE QUORN £5.95
	MIXED £8.95

CHEWAL - RICES

Steamed Chawal	£2.00
Basmati Chawal	£2.25
Special Egg Fried Chawal	£2.95
Coconut Chawal	£3.50
Mushroom Rice, Vegetable Rice, Garlic Rice, Onion Rice, Keema Rice	£3.25

SUNDRIES

Popadoms	£0.50
Chutney Tray	£1.00
Chips	£1.95
Chilli Chips	£2.95

MASSALA DISHES - CREAMY & MILD

Chicken Tikka Massala	£6.95
Lamb Tikka Massala	£7.95
Tandoori King Prawn Massala	£13.95
Tandoori Chicken Massala	£7.95
Paneer Tikka Massala	£6.95

ROTI - UNLEVENED BREADS

Plain Nan	£2.00
Garlic Nan	£2.50
Garlic & Corriander Nan	£2.75
Peshwari Nan	£2.50
Chilli Nan	£2.50
Keema Nan	£2.95
Spinach and Feta Nan	£2.95
Sesame Nan	£2.50
Tandoori Roti	£2.00
Chapatti	£1.25
Paratha	£2.95
Stuffed Paratha	£3.25

SABZI SIDES - £3.50

Courgette Bhaji
Broccoli and Gobi Bhaji
Aubergne Bhaji
Paneer Tikka
Tarka Dhal

TRADITIONAL VEGETABLE SIDES - £3.50

Bombay Alloo	Sag Paneer
Bindi Bhaji	Alloo Sag
Alloo Channa	Mushroom Bhaji
Alloo Gobi	

STARTERS

Sesame Paneer <i>Marinated paneer with sesame seeds</i>	£3.50
Barai Chicken <i>Chicken in a plum marinade</i>	£3.75
Pan-fried Seabass <i>Lightly spiced and gently pan fried</i>	£6.50
South Indian Cod <i>With pink peppercorn and a mango salad</i>	£5.95
Karara Kekda <i>Crispy soft shell crab marinated in our exclusive blend of spices and deep fried</i>	£7.95
Exotic Duck <i>Breast of duck marinated, roasted, and sautéed with peppers</i>	£5.95
Jumbo Prawns <i>Heavenly delicious and easily the biggest King of Prawns served in a dreamy cream sauce</i>	£8.95
Jhingha Nisha <i>Subtly aromatic , Tiger King Prawns marinated in the shell, with crushed black peppercorn, flame roasted and served with a wedge of lime</i>	£8.95
Onion Bhaji	£2.95
Chicken Tikka	£3.70
Lamb Tikka	£3.95
Somosa (Meat or Vegetable)	£3.00
Hoppers(Chicken)	£3.50
Chicken Chat Puri	£3.70
Prawn Chat Puri	£3.70
Garlic Mushroom Puri	£3.50
Tandoori Chicken	£3.75
Lamb Chops	£4.40
Sheek Kebab	£3.95
Mixed Starter	£4.95
Chicken Pakora	£3.75

PLATTERS TO SHARE (FOR 2)

Silk Platter <i>Chicken and Lamb Tikka, Hoppers, King Prawn Filo, Onion Bhaji</i>	£8.50
Seafood Silk Platter <i>Salmon, Talapia, Tuna, King Prawn Filo, South Indian Cod</i>	£12.95
Silk and Gold Platter <i>Lightly spiced and gently pan fried</i>	£12.95
Silk Vegetarian Platter <i>Sesame Paneer, Morcha, Onion Bhaji, Paneer Tikka, Garlic Mushrooms</i>	£8.50

BANQUET FOR 2 - £24.50

Popadoms and Chutney

Chicken Tikka, Onion Bhaji, Hoppers

Chicken Korma , Lamb Rogan Josh, Chicken Jalfrezi.
Served with Rice and Nan

FROM THE GRILL

A Healthy Choice

Barai Chicken <i>Breast of chicken in a plum marinade and charcoal grilled, served with a vegetable curry</i>	£6.95
Tandoori Sabzi <i>Grilled paneer, peppers, tomato, aubergine, courgette , mushroom, cauliflower and red onion with yoghurt and turmeric, served with a vegetable curry</i>	£6.95
Tandoori Chicken <i>Marinated and baked in the tandoor, served with a vegetable curry</i>	£7.50
Chicken Tikka <i>Marinated and baked in the tandoor, served with a vegetable curry</i>	£6.95
Tandoori King Prawns <i>Marinated and baked in the tandoor, served with a vegetable curry</i>	£13.95
Lamb Tikka <i>Marinated and baked in the tandoor, served with a vegetable curry</i>	£7.95
Chicken Shashlick <i>Marinated chicken with Peppers, onions and tomato, flame roasted in the tandoor</i>	£7.95
King Prawn Shashlick <i>Tiger King Prawns with peppers, onions and tomato, flame roasted in the Tandoor, served with a vegetable curry</i>	£14.95
Tandoori Mixed Grill <i>Chicken and lamb tikka, tandoori chicken, lamb chops, seek kebab, served with a vegetable curry</i>	£11.50

MAIN DISHES

Silk Aromatic Lamb <i>Slow cooked with a deliciously sweet barbequed chilli. Velvety aromatic and full of flavour</i>	£7.95		
Silk Salmon <i>Salmon flame baked, coated in a light aromatic cream sauce</i>	£11.95		
Silk Creamy Chicken <i>A beautiful blend of light aromatic spices with cream</i>	£6.95		
Murgh Pallak <i>Marinated and charcoal grilled chicken with a spinach sauce</i>	£6.95		
Honey Chicken Tikka <i>Chicken tikka in a deliciously sweet honey and cream sauce with colourful sweet peppers</i>	£7.95		
Balti Chicken Tikka Jalfrezi <i>Marinated chicken baked in the tandoor before cooking into a thick sauce with chilli and onions</i>	£6.95		
Panfried Sea Bass <i>With Bombay potatoes</i>	£14.95		
Mango Satay <i>Chicken marinated in a delicious mango marinade, flame grilled and served on skewers</i>	£7.75		
Panner Tikka Makhani <i>Diced indian cheese in a buttery tomato based sauce with fenugreek</i>	£6.95		
Bengal Handi Special <i>Medium spiced with either chicken or Lamb, flavoured with a sweet aromatic chilli and topped with sweet crispy red onions</i>			
Chicken	£7.50	Lamb	£8.50
Quorn/Vegetable	£7.50	Cod	£9.95
Balti Bangla Sizzler <i>Chicken or Lamb dish with sweet red and green peppers served sizzling</i>			
Chicken	£7.50	Lamb	£8.50
Quorn/Vegetable	£7.50		
King Prawn Harapyaz <i>King Prawns in fairly hot sauce with ginger, cracked black pepper, fresh green chillis and fresh spinach</i>	£13.95		
Shashlick Kharai <i>Chicken or Lamb marinated and flame roasted in the tandoor oven before cooking into a thick medium strength sauce with sweet peppers, tomato and onions</i>			
Chicken	£7.95	Lamb	£8.95
Malabar Tiger Prawn Curry <i>Tiger King Prawns in a mild coconut milk sauce with mustard seeds and cracked black pepper</i>	£13.95		
Rajstani Chicken Massala <i>Medium spiced, marinated chicken with black pepper, mace, sweetcorn, clayoven baked. A dish from the foothills of the Himalaya</i>	£7.95		
Naga Jhal <i>Chicken or Lamb cooked with Naga (Ghost) Chilli to make a hot fragrant flavoursome dish, not for the faint hearted</i>			
Chicken	£7.95	Lamb	£8.95
Quorn/Vegetable	£7.95		
South Indian Garlic Chicken <i>Marinated chicken smothered in a plum tomato based sauce with fresh green chilli in a lightly spiced and fragrant</i>	£7.50		
Shahi Chicken <i>Chicken cooked with mince Lamb with onions, medium spiced. Traditional style</i>	£8.95		
Cod Jalfrezi <i>Tender flaky cod cooked in a thick spicy sauce with green chillies, capsicum and onions</i>	£9.95		
Green Curry <i>The most famous of thai curries, spicy and hot in a coconut milk sauce with aubergine, carrot and French beans</i>			
Chicken	£7.75	Quorn/Vegetable	£6.95
Lamb Massamon <i>Slow cooked Lamb in a coconut milk sauce infused with cinnamon served with soft delicious potatoes</i>	£8.95		
Traditional Biryani <i>Traditionally prepared biryani made as my Nani Ma would create. These are prepared in a limited amount</i>			
Chicken	£7.95	Lamb	£8.95